



Paul Burton

Speaker, Author, Trainer, Coach

Helping Smart People Work Better

Today's Challenge

The modern workplace is a three-ring circus of near-constant interruptions and distractions. Squawking phones, pinging e-mails and interrupting coworkers produce a constant backdrop of sound that's drowned out only by our internal refrain of "Gotta do this" and "Gotta do that." We feel constantly behind and stressed out.



Paul's keynote presentations and training seminars help people quiet the tsunami of interruptions and distractions they suffer each day. His easy-to-adopt tools allow audience members to immediately regain focus, improve productivity, and achieve greater success in their careers and lives.

Keynote Presentations

Focus Pocus

24 Tricks for Regaining Command of Your Day

Pick from the 24 suggestions offered in this fast-paced and entertaining examination of our current working environments. Stop treading water and start experiencing greater productivity and work-life balance!

The Waterfall Effect

Six Principles to Productive Leadership

Time is our most valuable asset. How productively we use it determines how successful we are - both professionally and personally. The Waterfall Effect occurs when we use time effectively - by focusing on the right activities with the right people aimed at the right objectives. This presentation sets forth six leadership principles that will help you and your organization regularly produce The Waterfall Effect.

Did you know that just six minutes of increased productivity per day aggregates into 24 more hours of work done each year? That's three days of work off your desk this year over last year. Imagine how good that would feel!

Training Seminars

QuietSpacing® – Productivity has Evolved

This revolutionary productivity method - created by Paul - helps people regain focus, get more done, and enjoy greater work-life balance. The training is offered in a series of one-hour seminars so you can customize the programming to meet your needs. Available onsite or online.

- Power Processing Your E-mail
- Effective Scheduling & Productive Meetings
- Powering Through Task Lists
- Maximizing Workplace Productivity

Paul's QuietSpacing™ program has revolutionized the way I think about information and tasks. Sean Murray, CEO, RealTime Performance, Inc



Book Paul Today:

971.223.3663

paul@quietspacing.com

Learn more and view demos at:

www.quietspacing.com

QuietSpacing®

More about Paul Burton: Biography and Client Testimonials

Biography

Paul works with clients who believe individual productivity and performance drive organizational success. When not giving high-content keynote addresses on this subject, he is delivering interactive training programs and customized coaching services to help his clients achieve success.

Paul is the author of QuietSpacing® - Productivity Has Evolved, as well as numerous articles on productivity and performance which have been published locally, regionally and nationally.

In 1999, Paul co-founded what is today the largest online kayaking retailer in the country - Outdoorplay, Inc. (www.outdoorplay.com). After grooming a management team to run the company, Paul founded Vision Mechanix, where he developed QuietSpacing™ to address the needs of his overwhelmed clients.

Earlier in his career, Paul practiced corporate finance law and served as General Counsel to two Portland-based corporations. At the second, GemStone Systems, Inc., he managed operations for the rapidly growing professional services department. During Paul's tenure as corporate counsel, he taught as an adjunct law professor, developed and participated in continuing education courses, and consulted numerous start-ups during their emergent stages.

As a former attorney who has worked in both the corporate and entrepreneurial worlds, Paul is an expert on how individuals drive organizational success. He is passionate about what he does and he derives great satisfaction from helping his clients succeed.



What Audiences Can Expect

Paul's programs deliver unique ideas that challenge conventional wisdom and help audiences achieve more in their careers and personal lives. His wry wit and keen observations will engage your group with entertaining and educational training and keynote presentations. Paul gives your people the tools to:

- Increase Productivity
- Strengthen Leadership
- Enjoy Greater Personal and Professional Satisfaction

Paul's presentation received high praise from the audience. We've invited him back for next year's annual conference.
Tanna Moore, President & CEO, Meritas

This program is a must for every busy professional and staff member!
Kelli Kohout, West Coast Region Administrator, Dorsey Whitney

We had Paul speak to our membership bright and early one morning. There is nothing better than having a speaker who gives you not only one "Ah Ha" moment but several. His topic was fully engaging and our members responded enthusiastically to both his message and his style. We'll be inviting Paul back again soon!
Cathy Weeg, Programs Director, Metropolitan Seniors Network

Paul keynoted our Summer Conference. Our members loved his presentation, as well as his high-energy delivery. Keeping people focused and engaged right after lunch is a challenge ... one Paul passed with flying colors.
Angie Peterman, Executive Director, Oregon Association of School Business Officials

Paul spoke to us on two separate occasions this past year. His presentation style is engaging and he brings an interesting perspective to our audience. We always enjoy his topics and the opportunity he provides to peek into the larger picture of professional development.
Brynton Berkley, Past-President, Oregon Legal Recruiters Association, Portland, OR

Paul is a professional who is also a successful entrepreneur with an effective communication style.
Lewis Horowitz, President, Lane Powell



Representative Clients

- K&L Gates
- Viasat
- Meritas, Inc.
- Bryan Cave
- Society of Human Resource Mgt
- Metropolitan Seniors Network
- Perkins Coie
- Association of Legal Administrators
- Oregon Employers Council
- Association of School Business Officials
- Tsongas Consulting
- Stael Rives